

**4<sup>TH</sup> ANNUAL  
A THOUGHTFUL APPROACH TO PAIN MANAGEMENT:  
NEW HORIZONS, WHAT CLEARLY WORKS**



**WHEN:** May 29-30, 2015, 8:00 a.m.–5:00 p.m., Registration at 7:00 a.m.

**WHERE:** Smullin Education Center

Rogue Regional Medical Center, 2825 E. Barnett Road, Medford, OR

**WHO:** Physicians and Multidisciplinary Primary Care Providers, Occupational Health Providers, Behavioral Health Providers, and Pain Management Providers

**TUITION:** **Physicians \$195 for 2-day registration or \$100 for 1-day registration;  
Multidisciplinary/Other \$165 2-days or \$85 1-day**

Early Bird Tuition: Save 10% on tuition if registering before March 15, 2015

Late Fee/ Walk-In Tuition: Add \$50 to rate if registering after May 15, 2015

Scholarships available, contact Michele Schaefer at [mschaefer66@gmail.com](mailto:mschaefer66@gmail.com) before May 15, 2015

**PURPOSE:** The appropriate treatment of chronic pain is an evolving, and sometimes controversial, practice. This conference will present factual information concerning the use of opioids in Oregon, community effects of opioid prescribing, current best practices for the treatment of chronic pain, and how medicine and community justice interface around prescription opioids use.

**CME and CEUs available. For information call: Continuing Medical Education, (541) 789-4837**

## Agenda:

### Friday, May 29, 2015

- 7:00 a.m. **Registration**
- 8:00 a.m. **Introductions, Housekeeping**  
Jim Shames/Lee Glass
- 8:15 a.m. ***Understanding the Patient with Chronic Pain—the patient perspective***  
Penny Cowan
- 8:45 a.m. ***Pain Overview: Chronic versus Acute Pain, Types of Pain.***  
John Loesser
- 9:35 a.m. ***fMRI Studies Support Pain Treatment Strategies***  
Pascal Tetriault
- 10:05 a.m. Break
- 10:20 a.m. ***Evidence for Appropriate Pain Treatment Guidelines***  
Roger Chou
- 11:10 a.m. ***Marijuana: Is It Appropriate to use for the Management of Chronic Pain?***  
Launetta Rieb
- 11:40 a.m. Lunch
- 12:05 p.m. ***Lunch Speaker, Behavioral Approaches to the Management of Chronic Pain***  
Kevin Vowels
- 1:10 p.m. ***Opioid Prescribing, How to Manage Chronic Pain in the Primary Care Setting***  
David Tauben
- 2:00 p.m. ***PTSD, How Psychological Trauma Affects Pain and Influences Pain Management***  
Mark Sullivan
- 2:50 p.m. Break
- 4:05 p.m. **Panel Discussion**
- 4:30 p.m. **Conclusion/Closing Remarks**

### Saturday, May 30, 2015

- 7:00 a.m. **Registration**
- 8:00 a.m. **Introductions, Housekeeping**  
Jim Shames/Lee Glass
- 8:10 a.m. **Breakout sessions**
- 9:20 a.m. **Breakout sessions**
- 10:20 a.m. Break
- 10:35 a.m. **Breakout Sessions**
- 11:30 a.m. Lunch
- 1:00 p.m. **Breakout Sessions**
- 2:10 p.m. **Breakout Sessions**
- 3:10 p.m. Break
- 3:25 p.m. **Panel Discussion**
- 4:45 p.m. **Closing and reminder of Evening Activities (Jim/Lee/Walt)**

#### Breakout Session Topics

- ***The Patient Perspective*** Penny Cowan
- ***Functional MRI*** Pascal Tetriault
- ***Marijuana and Pain Treatment*** Launetta Rieb
- ***Pain 101*** John Loesser
- ***The Practice of Pain Treatment in the Primary Care Setting*** David Tauben
- ***Trauma Informed Care and the Treatment of Pain*** Mark Sullivan
- ***The Oregon Medical Board and Malpractice Carrier Perspective on Opioid Treatments***  
Joe Thaler/Troy Bundy
- ***The CCOs and Opioid Guidelines***  
John Kolsbun/Anne Alftine
- ***Behavioral Treatment of Chronic Pain***  
Kevin Vowels
- ***The Role of the Pain Specialist in the Treatment of Chronic Pain*** Speaker TBD
- ***Workers' Compensation Experience with Chronic Pain Management***  
Lee Glass/Peter Rothfels

#### Panel Discussions

## Chair Persons:

- **Jim Shames, MD** Medical Director  
Jackson & Josephine County Health & Human Services
- **Lee Glass, MD**

## Speakers Include:

- **Laura Heesacker, LCSW**  
Ashland, Oregon
- Anne Alftine
- Troy Bundy
- **Penny Cowan**  
Founder, Executive Director, American Chronic Pain Association
- Roger Chou
- Paul Coelho
- John Kolsbun
- John Loesser
- Peter Rothfels
- Mark Sullivan
- David Tauben
- Pascal Tetriault
- Joe Thaler
- Kevin Vowels
- Pain Medicine Specialist TBD

## Committee Members Include:

- Jim Shames, MD
- Lee Glass, MD
- Peter Rothfels, MD
- John Kolsbun, MD
- Laura Heesacker, LCSW
- Paul Cohelo, MD
- Walter Newman, Jr., MD
- Cristi Skye, RN

## ACCREDITATION:

Continuing Medical Education of Southern Oregon is accredited by the Oregon Medical Association to sponsor CME activities for physicians

## AMERICAN MEDICAL ASSOCIATION:

Continuing Medical Education of Southern Oregon designates this live activity for a maximum of 7.8 *AMA PRA Category 1 credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity

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This live activity has been reviewed and is acceptable for up to 7.8 (Prescribed) credits by the American Academy of Family Physicians.

## NURSING CONTINUING EDUCATION CREDIT:

Provider approved by the California Board of Registered Nursing, Provider Number CEP 13000 for 7.8 contact hours

## OREGON BOARD OF PHARMACY:

The Oregon State Board of Pharmacy approves this live activity for 7.8 continuing education unit

## NASW OREGON CHAPTER:

The NASW Oregon Chapter Continuing Education Program certifies 7.8 CEU credits

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**Presenters:** are expected to openly declare financial interest, unlabeled, investigational or outside of FDA approved indications as such.

CONTINUING MEDICAL EDUCATION  
OF SOUTHERN OREGON  
2825 East Barnett Road  
Medford, Oregon 97504-8332

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Medford, OR

CME holds no liability for outside reservations or recreational activities.

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We recommend the following accommodations. Please call to make your own reservations.

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Medford, OR 97504  
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[www.Marriott.com/MFRSH](http://www.Marriott.com/MFRSH)

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## 4<sup>TH</sup> ANNUAL 'A THOUGHTFUL APPROACH TO PAIN MANAGEMENT': WHAT CLEARLY WORKS

Smullin Education Center, Medford, Oregon, May 29-30, 2015

**TUITION: Physicians \$195.00 / \$100 Multidisciplinary/Other \$165.00 / \$85 Scholarships Available**  
(Tuition includes: breakfast, breaks and lunch)

**PLEASE REGISTER ONLINE**

NAME: \_\_\_\_\_ TITLE: \_\_\_\_\_

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**Send Registration to:** 2825 E. Barnett Road  
Medford, Oregon 97504

**PHONE:** (541) 789-4837  
**FAX:** (541) 789-5215



# Taste of the Rogue Valley

Join us on Friday and/or Saturday for an evening of special events!  
And have a chance to relax and enjoy a wonderful musical put on by the Oregon Shakespeare Festival, or for an evening of fine dining with the speakers and committee members and your peers!

## FRIDAY 5/29 OREGON SHAKESPEARE FESTIVAL



Sign up now through April 30th, tickets for *Guys and Dolls* at a reduced group rate of \$53 per seat, only 100 seats available

## SATURDAY 5/30 GOURMET DINNER AT LARKS, \$55/PERSON ALL INCLUSIVE

*Fresh Baked Rosemary Ciabatta Bread*

### *First Course*

*Choice of:*

*Smoked Beets, Micro Greens, Cherre, Horseradish, Balsamic*

*Or*

*Spinach Salad, Smoked Salmon, Shaved Fennel, Potato,*

*Blood Orange-Pistachio Vinaigrette*

*---*

*2011 Ledger David Chardonnay, Rogue Valley, Oregon*

### *Main*

*Choice of:*

*Braised Lamb, Tangerine Pan Jus, Lamb Merguez Sausage Spoonbread, Brussels Sprouts*

*Or*

*Pork Loin Scaloppini, Pear Marsala, Fingerling Potatoes, Asparagus*

*---*

*2011 Red Lily, "Red Blanket" Tempranillo, Applegate Valley, Oregon*

### *Dessert*

*Dagoba Chocolate & Orange Pot de Creme*

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HOME KITCHEN CUISINE

LARKS