

#### Smullin Center

on the campus of

Asante Rogue Regional Medical Center

2825 E. Barnett Road, Medford, Oregon 97504

#### Tuition:

Physicians \$200 for 2-day registration or \$125 for 1-day registration

Multidisciplinary / Other \$170 for 2 day registration or \$100 for 1-day registration

Early Bird Tuition: Save 10% if registered before March 15, 2016

Late Fee / Walk-In Tuition: Add \$50 to rate if registered after May 15, 2016.

Registration is limited to 300

CME / CEUs available. For Information call: Continuing Medical Education 541-789-4837

Purpose: The appropriate treatment of chronic pain is an evolving, and sometimes controversial, practice. This conference will present factual information concerning the use of opioids in Oregon, community effects of opioid prescribing, current best practices for the treatment of chronic pain.

# 5<sup>th</sup> Annual

# A Thoughtful Approach to Pain Management



## May 20-21, 2016

Friday and Saturday

Target Audience: All Health Care Professionals

Buprenorphine Pre-Conference Training on Thursday, May 19, 2016, FREE but limited to 30 providers; contact Marie Payment for registration information (payment@ohsu.edu); see additional information on page 3

#### Friday, May 20, 2016

7:50 - 8:00 a.m.	Introductions / Housekeeping	Jim Shames, MD
8:00 - 8:50 a.m.	How We Got Here, Big Pharma's Contribution	Andrew Kolodny, MD
8:50 - 9:30 a.m.	The Evolution of the Science of Pain: From the Gate Theory to Central Sensitization Syndrome	Jane Ballentyne, MD
9:30 - 9:45 a.m.	Break	
9:45 - 10:35 a.m.	Pain and the Practicing Clinician: How to Put it All Together	David Tauben, MD
10:35 - 11:25 a.m.	Behavioral Medicine for Chronic Pain	Kevin Vowles, PhD
11:25 - 11:45 a.m.	Oregon Pain Guidance Recommendations & Guidelines	Jim Shames, MD
11:45 - 12:10 p.m.	Break / Pick up lunch	
12:10 - 1:10 p.m.	Lunch Speaker, The True Tale of the Opioid Epidemic	Sam Quinones
1:15 - 1:55 p.m.	Addiction and Medication Assisted Treatment	Rachel Solotaroff MD, Andrew Kolodny, MD and Melissa Weimer, MD
1:55 - 2:35 p.m.	Introduction to Difficult Conversations	Lee Glass, MD and Laura Heesacker, LCSW
2:35 - 2:50 p.m.	Break	
2:50 - 3:40 p.m.	The Chemistry and Psychiatry of Tapering	Mark Sullivan, MD and Jane Ballentyne, MD
3:45 - 5:00 p.m.	Q&A with the Hot Shot Panel	

#### Saturday, May 21, 2016

	Main Auditorium	Room	Room	Room	Room	
8:00 - 8:10	Intro/Housekeeping					
8:10 - 9:00	Transformation Panel					
9:00 - 10:20		<b>Brain Pain</b> Mark Sullivan, MD Andrew Kolodny, MD	Safe and Ethical Pain Management David Tauben, MD Rachel Solotaroff, MD Paul Coelho, MD	Difficult Conversations (All Day) Laura Heesacker Peter Rothfels, MD Lee Glass, MD	Acceptance and Commitment Therapy for Pain (All Day) Kevin Vowles, PhD	
10:20 - 10:30	Break					
10:30 - 11:50		<b>Tapering</b> Paul Coelho, MD David Tauben, MD Melissa Weimer, MD	Addiction / MAT  Mark Sullivan, MD  Rachel Solotaroff, MD  Todd Korthuis, MD	Difficult Conversations continues	Acceptance and Commitment Therapy continues	
11:50 - 1:00	L	unch	Lunch Discussion - Provider Panel	Lunch		
1:00 - 2:00		<b>Brain Pain</b> Mark Sullivan, MD Andrew Kolodny, MD	Safe and Ethical Pain Management David Tauben, MD Rachel Solotaroff, MD Paul Coelho, MD	Difficult Conversations continues	Acceptance and Commitment Therapy continues	
2:30 - 2:40	Break					
2:40 - 4:00		<b>Tapering</b> Paul Coelho, MD David Tauben, MD Melissa Weimer, MD	Addiction / MAT  Mark Sullivan, MD  Rachel Solotaroff, MD  Todd Korthuis, MD	Difficult Conversations continues	Acceptance and Commitment Therapy continues	

#### Speakers Include:

- Jane Ballentyne, MD, Anesthesiologist and Pain Specialist, Director, University of Washington Pain Fellowship; President, Physicians for Responsible Opioid Prescribing (PROP); Consultant, CDC Draft Opioid Guidelines
- Paul Coelho, MD, Board Certified PM&R, Subspecialty Certified in Pain Medicine
- Lee Glass, MD, JD, Associate Medical Director, Washington Department of Labor & Industries
- Laura Heesacker, LCSW, Behavioral Health Innovation Specialist, Jackson Care Connect
- Andrew Kolodny, MD, Chief Medical Officer, Phoenix House;
   Executive Director, Physicians for Responsible Opioid Prescribing
   (PROP); Senior Scientist, Heller School for Social Policy & Management,
   Brandeis University
- Todd Korthuis, MD, MPH, Associate Professor of Medicine, Department of Medicine, Oregon Health & Science University
- Sam Quinones, Journalist and author of Dreamland The True Tale of America's Opiate Epidemic
- Peter Rothfels, B.Ed, MD, ASAM, Chief Medical Officer / Director, Clinical Services; Worker and Employer Services Division, WorkSafeBC
- Jim Shames, MD, Medical Director, Jackson County Health & Human Services: Medical Director of Allied Treatment Services
- Rachel Solotaroff, MD, Chief Medical Officer, Central City Concern
- Mark Sullivan, MD, PhD, Professor of Psychiatry, Adjunct Professor of Anesthesiology & Pain Medicine, Bioethics and Humanities; Psychiatry and Behavioral Sciences, University of Washington
- David Tauben, MD, FACP, Chief of Pain Medicine and Clinical Associate Professor, University of Washington Medical Center
- Kevin Vowles, PhD, Associate Professor, Department of Psychology, University of New Mexico
- Melissa Weimer, DO, MCR, Assistant Professor of Medicine, Department of Medicine, Oregon Health & Science University; Medical Director, CODA, Inc.

#### ACCREDITATION:

Continuing Medical Education of Southern Oregon is accredited by the Oregon Medical Association to sponsor CME activities for physicians

#### AMERICAN MEDICAL ASSOCIATION:

Continuing Medical Education of Southern Oregon designates this live activity for a maximum of 15.5 AMA PRA Category 1 credit™ Physicians should only claim credit commensurate with the extent of their participation in the activity

#### AMERICAN ACADEMY OF FAMILY PHYSICAINS:

This live activity has been reviewed and is acceptable for up to 15.5 (Prescribed) credits by the American Academy of Family Physicians.

#### NURSING CONTINUING EDUCATION CREDIT:

Provider approved by the California Board of Registered Nursing, Provider Number CEP 13000 for 15.5 contact hours

#### **OREGON BOARD OF PHARMACY:**

The Oregon State Board of Pharmacy approves this live activity for 15.5 continuing education units

#### NASW OREGON CHAPTER:

The NASW Oregon Chapter Continuing Education Program certifies 15.5 CEU credits

#### DISCLOSURE STATEMENT:

Continuing Medical Education of Southern Oregon adheres to ACCME Standards for Commercial Support with regard to disclosure. **CME leadership, planners and staff:** have fully disclosed that they do not have financial interest with any manufacturers of medical commercial products pertaining to the topics presented. **Presenters:** are expected to openly declare financial interest, unlabeled, investigational or outside of FDA approved indications as such.

#### Committee Members Include:

- Jim Shames, MD, Co-Chair Lee Glass, MD, JD, Co-Chair
- Paul Coelho, MD Laura Heesacker, LCSW John Kolsbun, MD Peter Rothfels, MD Cristi Skye, RN

#### Buprenorphine Pre-Conference Training on Thursday, May 19, 2016

OHSU Addiction Medicine faculty will be conducting a training on May 19<sup>th</sup>, 2016 to qualify physicians to obtain a Drug Enforcement Agency waiver to prescribe buprenorphine. Buprenorphine is a partial opioid agonist (Schedule III) that is safe for use in primary care. It is highly effective for treatment of opioid use disorder and has a lower risk of overdose than other opioids. Currently, patient demand for buprenorphine greatly exceeds the number of Oregon providers trained to prescribe this safe and effective treatment. The Drug Addiction Treatment Act of 2000 specifies several ways in which physicians can qualify to prescribe and dispense buprenorphine in their offices for the treatment of opioid use disorder. Completion of a "Half and Half" course meets the 8 hour requirement specified in the Act. One "half" of the course consists of 3.75 hours of on your own training containing five online modules that provide background on the treatment of opioid use disorder, and the second "half" of the course consists of 4.25 hours of live training. The online modules will need to be completed prior to attending the live training. After completing the two courses, the physician will be eligible to apply for the DEA waiver to prescribe buprenorphine in the outpatient setting.

The training is limited to 30 physicians. Currently nurse practitioners or other allied health professionals are not allowed to prescribe buprenorphine, so this course is limited to physicians. You do not need to be a primary care provider in order to participate. The cost of the course is waived due to a legal settlement between INSYS pharmaceutical company and the Oregon Attorney General's office.

If you are interested in registering for this course, please contact Marie Payment (<u>payment@ohsu.edu</u>). Early registration is recommended due to limited space.

## Continuing Medical Education of Southern Oregon

2825 East Barnett Road Medford, Oregon 97504-8332

#### ADDRESS SERVICE REQUESTED

Non-Profit Org. U.S. POSTAGE PAID Permit No. 598 Medford, OR

#### **ACCOMMODATIONS**

We recommend the following accommodations. Please call to make your own reservations.

Homewood Suites 2010 Hospitality Way Medford, OR 97504 (541) 779-9800

www.Medford.Homewoodsuites.com

SpringHill Inn Suites 1389 Center Drive Medford, OR 97501 (541) 842-8080 www.Marriott.com/MFRSH TownePlace Suites 1395 Center Drive Medford, OR 97501 (541) 842-5757 www.Marriott.com/MFRTP

CME holds no liability for outside reservations or recreational activities.

### 5<sup>th</sup> Annual 'A Thoughtful Approach to Pain Management'

Smullin Education Center, Medford, Oregon, May 20-21, 2016

TWO DAY TUITION: Physicians \$200.00 / Multidisciplinary/Other \$170.00 Physicians \$125 Multidisciplinary/Other \$100

Limited Scholarships Available

I will attend on Both Days 5/20 Friday 5/20 Saturday 5/21 (Tuition includes: breakfast, breaks and lunch)

Medford, Oregon 97504



#### PLEASE REGISTER ONLINE

NAME:	TITLE:		
ADDRESS:	CITY/STATE/ZIP:		
Email:			
PAYMENT INFORMATION: Check(Payable to: Continu	ing Medical Education)		
Visa/MasterCard/Amer. Express #:	Exp. Date:		
Authorized Signature:	_Day Phone:		
Make check payable to: Continuing Medical Education	PHONE: (541) 789-4837 <b>ΕΔΧ</b> · (541) 789-5215		